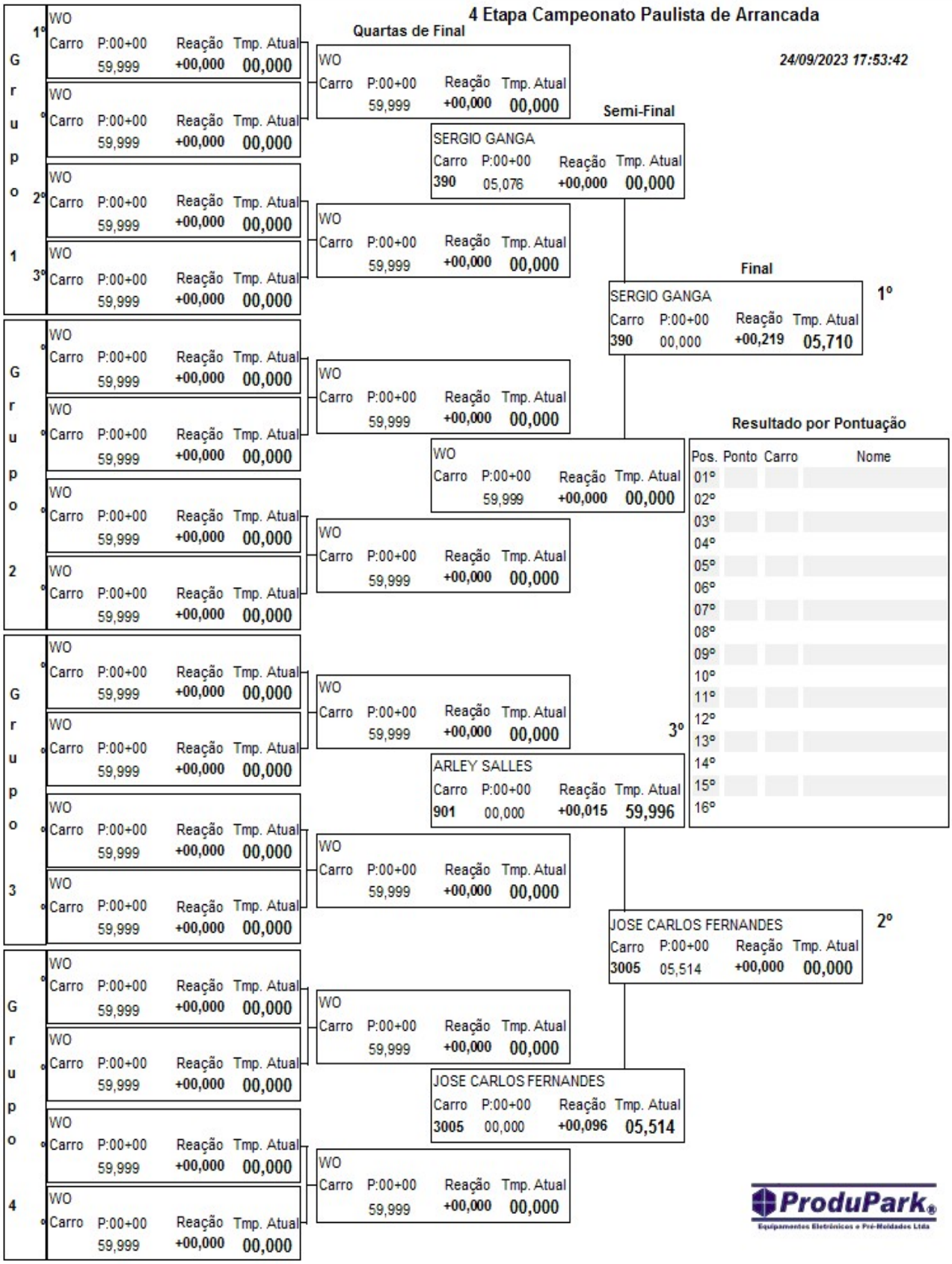M -> (FLD) FORÇA LIVRE DIANTEIRA